

Some questions to:

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Can you introduce yourself? What did you do before quadrathlon, when did you started, ...

Born 2001, female, 162cm , , student, i did (or do?:)) canoeing, I started with individual Quadrathlon in 2016 (I'm not sure), than I was twice in a relay (swim)

Where do you live?

Týn nad Vltavou, Czech Republic

What's your favourite discipline?

Swimming! and running/kayak (but it depends on the mood)....ok I have problems with cycling

Rate the four disciplines on a scale of 5.

- Swim: ★★☆☆☆
- Bike: ★★☆☆☆
- Kayak: ★★☆☆☆
- Run: ★★☆☆☆

What are your favourite races?

In Týn nad Vltavou (of course)

What's your favourite distance? Sprint/ middle/ long?

Sprint and Middle (I can't decide)



What was your best:

- Race: Kaposvár 2019 and Týn nad Vltavou 2019
- Result: 2. place in woman absolut, I was first twice but Lisa wasn't there so I can't count that
- Performance:
- Experience: Kaposvár because of funny language and communication, Slovakia - nice place

Have you ever won a European or World title? How many, and when?

In my category many times and in final World Cup list I was twice the first and few times second and thirds (have bad memory for numbers)

What are you best results in the world cup ranking?

The second place absolute, the first in category

What's your biggest tip for a beginner in quadrathlon?

Don't worry if you are slow and have problems, it's fun and after trainings and races you can eat anything you want... Isn't it gorgeous? And you will make a lot of new friends.

How many hours do you train a week?

6-12

Do you like hilly courses?

Yes

Who is your idol?

There is not just one... I can find something in everyone

Describe yourself in one word:

Confused? (I always make somebody confused)

If you are a fruit, what fruit would you be? Why?

Melon! Because they are delicious, they lie all day, need a lot of "food" and everyone loves them

What's your favourite food/drink?

(Mineral)water, Milk, butter Milk, fruit Beer, beef, czech bread, (cheese)cakes (without butter please),meat, tofu, buckwheat, salmon, cucumber.... Everything

What's your favourite pre-race track?

Along the river Vltava

What do you do before a quadrathlon race?

Relax, train, eat and chill with friends and make me cool and calm

What do you want to get as a prize if you win a race?

People's smile, kiss and flowers on the top

Where's your favourite training place?

In my town, in the river and the forest

Do you avoid alcohol? If yes, only in the season, or always?

Not Always, but yes... I get drunk really fast because of my body construction

Who do you think is the best quadrathlete in history? Man / woman

Everyone

What's your favourite place?

Everywhere where there is clean air, weather, grass and trees

What's your nickname?

Magnus, Kobra, Koberec, Maggie